

Helpful Information

BDSM Glossary

<http://www.differentequals.com/glossary.html>

BDSM TEST

www.bdsmtest.org

BDSM Checklist

<http://www.wikiphilia.net/bdsmchecklist/bdsmchecklist.php>

Sub Frenzy and other topics of interest for those new to BDSM

<http://www.aropedeevil.com/handouts.html>

BDSM is Not Abuse

<http://www.pandys.org/articles/bdsmdomesticviolence.pdf>

National Coalition of Sexual Freedom

<https://ncsfreedom.org/resources/resource-library.html>

Edmonton Links

Edmonton Kink: <https://fetlife.com/groups/155>

Edmonton TNG Safety and Play

<https://fetlife.com/groups/58976>

Dharma Suspension

dharma.suspension@gmail.com

<https://www.facebook.com/DharmaSuspensionCrew/>

Young Edmonton Players

<https://fetlife.com/groups/1540>

Edmonton Events

<https://fetlife.com/groups/18313>

Tickle Trunk

<http://www.travelingtickletrunk.com/altsexlinks.html>

World wide events

<http://www.thebdsmeventspage.com/events.html>

Alberta Sex Positive Education and Community Centre

www.aspecc.ca

Alberta Kink



Alberta Sex Positive Education
and Community Centre

Resource List

www.aspecc.ca



Welcome

Welcome to the land of kink!

This guide will hopefully help you take those first steps on your journey as you explore, regardless of what type of activity or lifestyle you are interested in (there are so many!)

This guide was written for Albertan's. If you are in a different location, start with the GENERAL Tips section. Hopefully those will help you to find other local to you resources.

Regardless of where you are, attending local 'munches' will be the safest and surest way to explore.

A munch is a gathering of people who share an interest, where they meet at a public restaurant to 'munch' and chat and meet other people. While this can seem intimidating, a public setting is a safe way to meet others.

General Tips

If you have not done so, head to www.fetlife.com Make a profile. You may want to set your city to "Antartica" and your age to 94 for now. (This will stop the random messages from horny people trying to get laid).

Hit the search button. Type in the name of your city (or nearest city). Join the groups that are of interest to you. Now type in the name of what you are interested in (example: "Spanking") join groups that appeal to you. Search "newbie" "mentor" "comfy couch". These groups are aimed at newbies and are packed with information.

Explore these groups. Read the posts inside them.

Be sure to read the guides to Fetlife:

<http://houseofvoid.com/2010/08/13/fetlifea-new-users-guide-part-1/>

<https://fetlife.com/help>

Safety Tips

1. Do not give out your real name or address.

3. Meet people in public settings.

4. Familiarize yourself with SAFE CALLS.

http://www.selfgrowth.com/articles/A_Girl_s_Guide_to_Safe_Dating_Safety_Calls.html

There is an app for that!!

<http://getbsafe.com/>

5. Educate yourself. If you are exploring BDSM for example, learn about consent, safewords etc. See www.aropedeevil.com for more handouts.

6. Trust your gut! If you feel that something is off do whatever it takes to be safe.

7. Regardless of your role, your fetish, your kink, your interest, you have the right to say no, or to say stop.

8. Regardless of anyone else's role, fetish, interest etc, they also have the right to say no, or to say stop.