

## Common Questions to Ask

What is your scene name?

Are you "with" someone, do you have permission to play?

Have you been drinking, doing drugs, taking prescriptions in the last two days?

Do you have any injuries or no hit/touch zones?

Do you have any medical issues? Diabetes?Contacts?Dentures?Asthma? HIV/AIDS?Pregnancy?

How old are you?

What do you prefer for aftercare?

Do you like to talk during a scene?

Do you have any fears?Phobias?

Do you have any fantasies that might make the scene more interesting?

Do you have any concerns about marking?

Do you prefer to be nude? Dressed, Costumed?

Do you enjoy restraints?

What are you preferred activities?

What will you do if something goes wrong?

What experience do you have with (this activity)?

## Simplicity

Negotiation can take two minutes or two hours. A simple negotiation does not mean less chance of success. The complexity of negotiations will vary, and should be based on the participants and the scene requirements themselves.

### RDL, Safety, Details...

Say you just watched someone do an amazing scene where they tied up their playmate, then tortured them with the violet wand.

You, "I would love to do a scene with you. I really want to experience being tied like that, but I am not so sure about that wand, and my right shoulder goes numb under strain."

Them, "You have never used the wand?"

You, "No"

Them, "I would love to tie you up. Changing the tie for your shoulder is no problem. Would you be open to trying the wand, on a light setting?"

You, "Can I try it on my arm now, maybe?"

Them, "Sure, and if you don't hate it, I can use it lightly in the scene, and of course you can call yellow if it is too much."

You, "Great!"

# Negotiating Basics



## Tips and Rules for negotiating for BDSM/Sex Scenes



**[ASPECC]**

Negotiating is a foundation skill for successful, healthy BDSM relationships and for successful BDSM scenes.

[www.aspecc.ca](http://www.aspecc.ca)

## Negotiating

***In the land of muggles,***  
negotiating is

"To confer with another, or others, in order to come to terms or reach an agreement"  
(www.thefreedictionary.com)

### ***In the land of BDSM***

negotiating is a discussion between two or more adult individuals, in which each individual presents a format of requirements, desires and limits; during this discussion each party will review the suggestions and presentations of the other individuals and attempt to come to a mutually beneficial agreement.

As BDSM practitioners we already know that complicating sex is more satisfying and more fun... why would negotiating be any less so?

## Pre-Negotiation

1. Know what you Need, Want and Won't do.
2. Go in with nothing to loose-the scene can end with negotiating, and that's ok.
3. Consider the person(s) you are negotiating with. Their experience level and/or communication skills will influence the success of negotiations as well.
4. Know that you are the EQUAL to those you negotiate with, regardless of BDSM role.
5. Know you are responsible for you. Period.

### **TRAPS**

*Watch for traps!!*

*\*Experience Trap*

*\*Gender Trap*

*\*Mind reading Trap*

*\*Manners Trap*

*\*Fear Trap*

## Negotiation

1. Share your RDL (requirements, desires, limitations) for this particular session.
2. Listen to the other person(s)s RDL. If they do not share their RDL, ask them to.
3. If you (or they) require what they (or you) list as a limit, shake hands, part ways.
4. If no one's limits are broached by anyone's requirements, negotiate for desires. Everyone should benefit somehow, no one's limits should be compromised.
5. Safety: Safe words, safe practices, aftercare, medical issues etc, all should be discussed here. There is no room for sloppy communication here.
6. Hash out the details (where, when, duration, who brings what, who cleans what, pictures or not etc.