

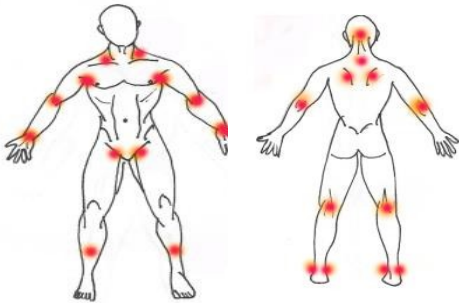
## Welcome!

I love rope! The feel of it in my hands, on my skin and the energy it brings to a scene when I am wrapping it around a cherished bunny.

This guide will not teach you how to tie, although I have included some resources to that end. This guide is intended to increase safety awareness regarding rope and bondage as well as to be able to care for your rope.

### No Go Spots

The red indications on these pictures show where you should avoid putting knots, to avoid harming your partner/playmate.



Some of these spots are clusters of nerves, some will interfere with circulation, some can cause permanent damage.

## Resources Continued

Great Books for Beginners:  
Shibari Land Douglas Kent

Shibari you can use, Lee Bridgette

Fetlife Groups  
Riggers and Rope Sluts  
Rope Bondage

Websites  
aropedeevil.com  
Rope-Topia.com

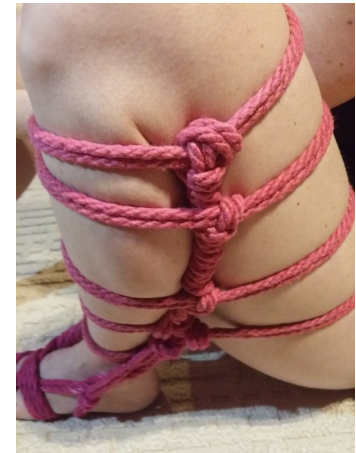
If you are new to rope take a class or two. If you are learning via the internet, take it slow. Practice single and double column ties on yourself so you can feel what the rope does.

There are great videos out there on rope bondage. I recommend you first learn how to store your rope (there are so many ways to roll it up!), then learn Single Column Ties, Double Column Ties and Joining Ropes.

Practice Practice Practice!!!

I hope your rope journey is as filled with joy and beauty as mine has been, Happy Rigging!

# Beginner Rope Bondage



Kink Guide  
by



# Types of Rope

There are many types of rope! Typically rope bondage is done with 6mm rope (or thereabouts) and micro-bondage and take down bondage are done with 4mm. These diameters are easy to work with when tying people (aka rigging).

Synthetic ropes are cheap and easy to clean, but when pulled quickly along the skin they can cause rope burn. It also has some stretch in it which can make knots tricky to undo. However, it is tested and rated for the amount of weight it can hold-handy for suspension.

Silk ropes are sold in many sex stores as the rope for bondage, and indeed they are very soft and strong with less risk of burns. Silk has a bit of stretch to it and the knots can be difficult to undo.

Hemp Rope is one of the more popular bondage ropes. It is cheaper than silk, pricier than synthetics and can be bought in a wide array of colours. It needs to be kept dry, however, and if you wash it it needs

to dry under tension, be 'reset' and then oiled. (See Love Your Rope pamphlet). Hemp is soft, smells natural and is strong. Knots are fairly easy to undo, although it has a wee bit of stretch.

Jute is used by many performance 'riggers'. It lasts a bit longer and requires some love and care in order to be a worthy investment. I love jute, myself, but not everyone does. It can also be dyed.

Hempex cannot be dyed, but it is washable and durable. It is a fake hemp. Feels natural on the skin, yet resists water. Cheap too! I use Hempex for crotch ties.

Coconut rope is scratchy, great for those who enjoy sensation of that kind. It is inexpensive.

Regardless of what rope you use, it is best to research the care it requires. Good rope is an investment and can last a long time with proper care.

If you move into suspension make sure to research the weight the rope can handle before breaking.

# Rope Safety

ALWAYS have safety scissors near by when doing rope bondage. NEVER put rope around neck.

NEVER suspend by yourself. Have a spotter! Having a 3<sup>rd</sup> person you trust there to help in the event there is an issue to help can be a life saver!

Never tie slip knots around a limb. Be aware of where it is ok to place knots (for example, NOT on the inside of the wrist).

Do think about what you are going to do and try to visualize the potential risks. Take steps to mitigate risks.

Know that every person you tie will have a different body, different flexibility, different sensory interpretation, different needs.

Finally, don't forget aftercare. Rope high is a 'thing'.